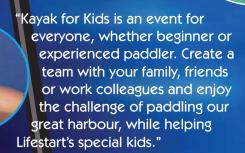


Sunday 28 March 2010 Sydney Harbour Blues Point To Clontarf



Shelley Oates-Wilding, Event Ambassador.

Fundraising: Everyday Hero 📖





2010 Fundraising Target

\$200,000

And we supply the team kayaks!

Kayak for Kids is an inspirational paddle on Sydney Harbour raising funds to provide early childhood intervention services to children who have an intellectual disability or delay in development. The 17.5 kilometre course is divided into four stages of approximately 4.5 kilometres. with team Transition Areas between each stage. There are three overall categories

- 1. Teams relay challenge for four to twelve person teams (for inexperienced paddlers). Each team member paddles a minimum of one stage with paddlers changing at Transition Areas. Hire of a three-seater kayak and equipment is included in the
- 2. Teams challenge for three person teams (for those who have the fitness to paddle the full course). Hire of a three-seater kayak and equipment is included in the entry fee.
- 3. Solo and double challenges for experienced paddlers who have their own water craft.

SAFETY: It is compulsory that all participants wear life vests (supplied to teams) except those on surf skis or single/double sit-on-top craft. The course is fully monitored by safety craft and personnel.

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AQUAPAC







Lifestart kids, parents and staff

Lifestart is an Early Childhood Intervention Service. It's mission is to assist children aged from birth to school age who have an intellectual disability or delay in development to develop to their fullest potential for themselves, their families and their communities. Diagnosed conditions include autism spectrum disorder, Down syndrome, global delay, learning delays and many rare genetic disorders. Children may also have physical disorders such as cerebral palsy or sensory disorders affecting their sight, hearing or other senses.

Lifestart was started in 1996 by eight families who wanted to create a community-based program managed by families, for families. From the outset the philosophy of the organisation was one of co-operation between professional staff and parents, empowerment of families and social inclusiveness. This has placed Lifestart at the forefront of early childhood intervention practice.

Lifestart employs a range of specialist staff including

- Special Educators
- Speech Pathologists
- Behavioural Specialist
- Occupational Therapists
- Physiotherapists
- Social Worker

Lifestart utilises transdisciplanary and play-based therapy, where specialists from across disciplines work co-operatively on a child's development while learning and development take place in structured 'fun activities' that the child can enjoy. Lifestart also provides educational and social activities to support parents and other members of the child's family.

Today, Lifestart provides services to 300 children through seven branches located across Sydney. For more information on Lifestart visit www.lifestart.org.au or call (02) 9807 9700.



Lifestart Head Office

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Registration: www.kayakforkids.com.au

